

Agenda

Presented by
Sonja Bochart, IIDA., LEED AP BD&C, WELL AP

Designing Interiors for Human Wellness Day One

Thursday, January 28, 2021 | 11:00 am - 3:05 pm CST (including 20-mins. of break)

Designing and Constructing for Human Wellness

- Defining human wellness
- Components of wellness
- Wellness metrics, standards and certifications
- Wellness strategies in the age of COVID-19

Biophilic Design

- What is biophilic design?
- Benefits of biophilic design
- Biophilic design trends

Lighting Design

- Human circadian rhythms
- Utilizing the properties of light
- New lighting technologies
- Daylighting

Designing Interiors for Human Wellness Day Two

Friday, January 29, 2021 | 11:00 am - 1:25 pm CST (including a 10-min. break)

Ergonomic Design

- The three major domains of ergonomics
- Ergonomics risk factors
- Ergonomics best practices

Colors, Textures and Materials

- The psychology of color and texture
- Building materials that promote wellness

Can't Attend?

Order the Webinar as a Self-Study Package!

Recordings of this webinar are available for purchase. See registration panel for more information and please refer to specific state licensing rules or certification requirements to determine if this learning method is eligible for continuing education credit.

Designing Interiors for Human Wellness

Online - Thurs., January 28 and Fri., January 29, 2021



HalfMoon Education Inc.
PO Box 278
Altoona, WI 54720-0278

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Learning Objectives

You'll be able to:

Describe the concept of human wellness and identify the effects of the built environment on wellness.

Identify the benefits of biophilic design, which increases connections between building occupants and the natural world.

Use new lighting technologies to improve human wellness.

Define ergonomic risk factors and utilize ergonomic best practices in interior design.

Explore the psychology of color and texture, and use building materials that promote wellness.



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HalfMoon Education Online Learning

Designing Interiors for Human Wellness

Live, Interactive Webinar Series

Thursday, January 28 and Friday, January 29, 2021



Learn how to design and construct interiors to enhance human wellness

Understand the health benefits of biophilic design and explore the latest design trends

Learn how lighting design can impact a person's mood, health and productivity

Discover risk factors and best practices in ergonomic design

Explore building materials, colors and textures that promote wellness

Continuing Education Credits

Professional Engineers

6.0 PDHs

Architects

6.0 HSW CE Hours

AIA

6.0 LU | HSW

Interior Designers

6.0 CE Hours/PDHs

International Code Council

.6 CEUs (Building)



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Faculty

Sonja Bochart, IIDA., LEED AP BD&C, WELL AP

Ms. Bochart’s background in creating meaningful and healthy spaces can be found in her over 20 year of experience as a designer; shaping spaces for connection, healing and overall well-being. An avid speaker, instructor, leader and writer, she promotes thoughtfulness and leading-edge innovations of holistic design with a focus on human health and wellness. Her interior design portfolio includes award-winning educational, community, international, cultural, residential and corporate spaces. Her designs and workshops integrate leading edge principles of biophilia (passion for life), mindfulness, evidence based design, storytelling and sustainability to create holistic places of wellness, inspiration and transformation.

Webinar Information

Day One: Thursday, January 28, 2021
11:00 am - 3:05 pm CST (including 20-mins. of break)

Day Two: Friday, January 29, 2021
11:00 am - 1:25 pm CST (including a 10-min. break)
(please log into the webinar 15 - 30 minutes before start time)

Tuition
\$289 for individual registration
\$199 for three or more registrants from the same company at the same time.
Included with your registration: PDF seminar manual.

How to Register

- Visit us online at www.halfmoonseminars.org
- Mail-in or fax the attached form to 715-835-6066
- Call customer service at 715-835-5900

Webinars are presented via GoToWebinar. Instructions and login information will be provided in an email sent close to the date of the webinar. For more information, please visit our FAQ section of our website, or visit www.gotowebinar.com.

Cancellations: Cancel at least 48 hours before the start of the webinar, and receive a full tuition refund, minus a \$39 service charge for each registrant. Cancellations within 48 hours will receive a credit toward another webinar or the self-study package. You may also authorize another person to take your place.

Can’t Attend? Order the Webinar as a Self-Study Package!

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Additional Learning

Residential and Small Commercial International Energy Conservation Code
- Tues, Dec 29, 2020 | 9:30 am - 4:30 pm CST

Deep Foundations and Excavations
- Wed, Dec 30, 2020 | 9:00 am - 5:00 pm CST

Special Inspections under the 2018 International Building Code Chapter 17
- Mon., Jan. 11, 2021 | 8:30 am - 4:00 pm CST

Passive House: Planning and Design
- Mon., Jan. 11, 2021 | 11:00 am - 2:15 pm CST
- Tues., Jan. 12, 2021 | 11:00 am - 2:45 pm CST

Introduction to HEC-HMS Modeling
- Tues., Jan. 12, 2021 | 8:30 am - 5:00 pm CST

Landscaping for Pollinators
- Wed., Jan. 13, 2021 | 10:00 am - 12:00 pm CST

Continuing Education Credit Information

This webinar is open to the public and offers 6.0 HSW continuing education hours/PDHs to registered interior designers in most states. It is approved for 6.0 hours for Louisiana interior designers. Due to time constraints, HalfMoon Education will not be seeking course approval in Florida, Maryland, New Jersey, New Mexico or other states that preapprove continuing education course for interior designers.

This webinar offers 6.0 PDHs to professional engineers and 6.0 HSW continuing education hours to architects licensed in all states.

HalfMoon Education is an approved continuing education sponsor for engineers in Florida (Provider No. 0004646), Indiana (License No. CE21600059), Maryland, New Jersey (Approval No. 24GP00000600), North Carolina (S-0130), and North Dakota. HalfMoon Education is deemed an approved continuing education sponsor for New York engineers and architects via its registration with the American Institute of Architects Continuing Education System (Regulations of the Commissioner §68.14(i)(2) and §69.6(i)(2)). Other states do not preapprove continuing education providers or courses.

The American Institute of Architects Continuing Education System has approved this course for 6.0 LU | HSW (Sponsor No. J885). Only full participation is reportable to the AIA/CES.

The International Code Council has approved this event for .6 CEUs in the specialty area of Building (Preferred Provider No. 1232).

Completion certificates will be awarded to participants who complete this event, respond to prompts and earn a passing score (80%) on the quiz that follows the presentation (multiple attempts allowed).

Structural Forensic Engineering
- Wed., Jan. 13, 2021 | 10:00 am - 1:45 pm CST
- Thurs., Jan. 14, 2021 | 10:00 am - 1:45 pm CST

Practical Site Engineering: Science & Techniques
- Thurs., Jan. 14, 2021 | 11:00 am - 3:15 pm CST
- Fri., Jan. 15, 2021 | 11:00 am - 2:15 pm CST

Commercial Provisions of the IECC
- Thurs., Jan. 14, 2021 | 11:00 am - 3:30 pm CST
- Fri., Jan. 15, 2021 | 11:00 am - 2:00 pm CST

The Arborist Short Course: Advanced Tree Knowledge for Better Tree Care
- Fri., Jan. 15, 2021 | 9:00 am - 4:30 pm CST

Slab-on-Grade Concrete and Pavement for Private Facilities
- Tues., Jan. 19, 2021 | 11:00 am - 2:45 pm CST
- Wed., Jan. 20, 2021 | 11:00 am - 2:45 pm CST

For more information and other online learning opportunities visit:
www.halfmoonseminars.org

Registration

Designing Interiors for Human Wellness

Live, Interactive Webinar - Thursday, January 28 and Friday, January 29, 2021

How to Register		Registrant Information
Online: www.halfmoonseminars.org		Name: _____
		Company/Firm: _____
Phone: 715-835-5900		Address: _____
		City: _____ State: _____ Zip _____
Fax: 715-835-6066		Occupation: _____
		Email: _____
Code: 715-835-6066		Phone: _____
		Additional Registrants:
Mail: HalfMoon Education Inc., PO Box 278, Altoona, WI 54720-0278		Name: _____
		Occupation: _____
Complete the entire form. Attach duplicates if necessary.		Email: _____
		Phone: _____
		Email address is required for credit card receipt, program changes, and notification of upcoming seminars and products. Your email will not be sold or transferred.
		() I need special accommodations. Please contact me.

Tuition

() **I will be attending the live webinar.** Single Registrant - **\$289.00**. Three or more registrants from the same company registering at the same time - **\$199.00** each.

() **I am not attending.** Please send me the webinar recording:

☐ Streamable MP4 Video/PDF Manual for **\$299.00**.

☐ USB Video/PDF Manual for **\$299.00**.

Checks: Make payable to HalfMoon Education Inc.

Credit Card: *Mastercard, Visa, American Express, or Discover*

Credit Card Number: _____

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